

# Ben Nevis Hotel and Leisure Club

## Breakfast Menu

Served between 7.00am and 9.30am

### To start – please choose from the following

- CHILLED ORANGE OR APPLE JUICE (V)
- TEA/COFFEE/DECAFF AVAILABLE
- RUSTIC BROWN/KINGSMILL WHITE TOAST (V) 1, 5, 3
- KELLOGG'S CORN FLAKES (V) 1
- KELLOGG'S RICE CRISPIES (V) 1
- SWISS STYLE MUESLI (V) 1,7
- WEETABIX (V) 1
- SCOTTISH PANCAKES WITH MAPLE SYRUP (V) 1,3,5
- SCOTT'S PORRIDGE OATS WITH PEACH SLICES AND HONEY (V) 1
- ARGYLL SLICED HAM
- BUTTER CROISSANT (V) 1,3,5
- FRUIT YOGHURT POT (V) 5
- MATURE SCOTTISH CHEDDAR CHEESE (V) 5
- BANANA WITH LOCAL HONEY (V)
- MINI CHOCOLATE MUFFIN (V) 1,3,5,7
- CRUSTY RUSTIC BROWN ROLL (V) 1,5
- MANGO AND PINEAPPLE SLICES (V)

### Also available

- SOYA MILK
- GLUTENFREE HONEYFLAKES

### To Follow – Scottish Breakfast – please choose from:

- AYRSHIRE BACK BACON
- PORK SAUSAGE 1,6,10
- MACFEES TATTIE SCONES (V) 1,3,5
- GRILLED ½ TOMATO (V) 5
- SCRAMBLED OR FRIED EGGS (V) 3,5
- GRANTS BLACK PUDDING 1,3,6,10
- GRANTS HAGGIS 1,3,6,10
- BAKED BEANS (V)
- VEGETARIAN SAUSAGE (V) 1,6,8,10

If you suffer from any food allergies or intolerances, please inform your server upon placing your order.

1. GLUTEN 2. CRUSTACEANS 3. EGG 4. FISH 5. MILK 6. MUSTARD 7. NUTS 8. SOYA 9. SOLPHITES  
10. CELERY 11. SESAME 12. LUPIN 13. PEANUTS 14. MOLLUSCS