



STRATHMORE HOTELS *Ben Nevis*



LEISURE CLUB - WELCOME BACK

It's been a long and trying time for all of us but we are delighted to throw open our doors once again and welcome you back to the Leisure Club on 31st August.

We have always demanded high standards of cleanliness, but for greater transparency and piece-of-mind to enable you to enjoy your time in the Club in the knowledge that the highest hygiene standards in relation to Covid-19 have been put in place, please see our current guidelines and measures.

You may see more signage, screens, and face masks throughout your visit, but please let us assure you that as always, our friendly staff are there to help.

Arrival and Mask Use

On arrival and when moving about the club, we would ask that all visitors sanitise their hands at the stations and wear a face mask, with the exception of when you are exercising. We also ask where possible that you avoid bringing or using cash as a form of payment.

Showers and Changing Areas

In order that social distancing is achieved in these areas, we encourage you to arrive 'gym or swim ready' so we can prioritise use of the changing rooms for people who may have disabilities or require more assistance. This will also ensure you maximise your allotted time in the Club. The unit for providing towels has been removed and ask that you bring your own.

Pool

In accordance with industry guidance we will have a certain maximum of people allowed in the pool at any one time to safeguard and adhere to social distancing rules. As such, we will be introducing a booking system for 1 hour swimming slots and these can be easily booked by calling 01397 706129 or emailing bennevisleisure@strathmorehotels.com. Spot checks on numbers will be carried out. Floor markings to follow poolside have also been put in place and we ask that you and any children adhere to these.

Gym

Some of our equipment has been moved or removed to allow more space with Perspex screens installed between equipment where needed. We ask you to ensure you follow social distancing in the gym area and who patience, and to help facilitate this we will be introducing a booking system for 1 hour gym slots and these can be easily booked by calling 01397 706129 or emailing bennevisleisure@strathmorehotels.com. Members and guests are required to use the approved cleaning product and disposable roll to sanitise equipment and other touch points after use. TVs will remain off and no music will be played.

Steam Room, Sauna and Jacuzzi

Due to government restrictions our steam room, sauna and Jacuzzi will not operate at this time.

Cleaning, Disinfecting and Sanitisation

We will be leaving a 15 minute window between each hourly pool and gym session to introduce and carry-out enhanced regular deep-cleaning of all areas. This will be on top of the normal rigorous cleaning procedures already in place.

Opening Times and Dip & Dine Offer

The Club will open from 7am with the new temporary closing time of 9.45pm - the last hourly gym and pool session available starting at 8.45pm. The Dip & Dine offer will not be available.

Relaxation/Break-out Area

Some of the chairs have been removed to ensure appropriate spacing and the self-service tea/coffee station has been temporarily removed. We will still have a water cooling station to refill your own bottle with.

Visitor Health

We would ask you to please not attend the Club if you, or any family members you live with or people you have been in close contact with, display any symptoms of COVID-19 or have been recently diagnosed with the virus.

These operational standards will alter and adapt as government protocols dictate.
We will issue updates as and when these happen.
Date Issued: 25th August 2020